

# "The Foxworthy"



## September 2020

School begins on Monday, September 14, 2020

Attendance Line: 508-543-1626

Main Office: 508-543-1616 Fax: 508-698-6517

Guidance Office: 508-543-1620 Fax: 508-543-1670

[www.foxborough.k12.ma.us](http://www.foxborough.k12.ma.us)

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### *From the Principal, Mrs. Diana Myers-Pachla*

Dear Foxborough High School Families and Students,

As September has begun, we are looking forward to the start of the 2020 – 2021 school year. This “Welcome Back Letter” is clearly very different from any other that I have written in my years as a principal. As we look to the future, we do so with a great deal of intentional purpose and realism along with the firm belief that we are all in this together. As a district and as a school we have created a solid set of plans and protocols that we are confident provide a roadmap for safety and academic success.

Let me take this opportunity to welcome our new students and their families to Foxborough High School. We are excited to welcome the 9<sup>th</sup> graders - the Class of 2024 and our transfer students to the FHS community. We are happy to have you join us and know that you will very quickly see the qualities that make our school, now your school, the very special place that it is.

To all of our returning students, **WE HAVE MISSED YOU!** We are looking forward to your return on September 14/15.

We have been planning for your return throughout the summer. Our teachers have been working hard preparing for their upcoming classes, not only on these current professional development days but many additional days throughout July and August. The custodians and maintenance crew have been working to ready the building for a safe start of school. The athletic fields are groomed and ready for action. All that is needed is the enthusiasm and energy of you, our students.

Foxborough High School has an excellent reputation as an outstanding academic, co-curricular and athletic institution. This is a direct result of student involvement, accomplishments and pride and strong support from you, our families. As your child begins and/or continues their high school career, the three “A’s”, ACADEMICS, ACHIEVEMENT, and a positive ATTITUDE will be the core of their success. We encourage students to work closely with their teachers, advisors and coaches. We expect that each student will bring their enthusiasm to learn to school each day and be an active participant in the learning process.

This year does bring changes and challenges. As always, we will meet these head-on. While many procedures will remain in place, there are differences in the logistics of the school day, our infrastructure and safety protocols. We will be walking everyone through the changes to ensure a smooth transition into this very different school year. Thank you for your patience, understanding and flexibility as we navigate through the fall. Please know that we will continue to do all we can to ensure a safe and effective learning environment for everyone at Foxborough High School.

We, the faculty and the staff, are extremely proud of the educational opportunities provided at FHS and are committed to providing your child the best education possible. We are united in our resolve to make sure that all of our students are empowered to strive for excellence.

There are still a few treasured days left in the summer. Savor them. Enjoy the long weekend.

Sincerely,

*Diana M. Myers-Pachla*

## SCHOOL PICTURES



School pictures will be taken this school year. Date T.B.A. (October 2020). Students and parents will be notified in advanced. Thank you for your patience.



### No School Days

#### Planning Ahead

September 7 – 11, 2020

October 12, 2020

November 3, 11, 26, 27, 2020

November 23, 24, 25, 2020 - ½ Days 2020

December 24, 25, 28, 29, 30, 31, 2020

January 1, 18, 30, 2021

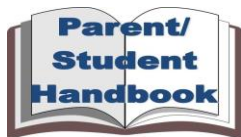
February 15, 16, 17, 18, 19, 2021

April 2, 2021 – ½ Day

April 19, 20, 21, 22, 23, 2021

May 31, 2021

## Parent Student Handbook Attention Parents



The Student / Parent Handbook is located on the FHS main page. Although your student will not get a hard copy of the handbook, it is expected that you and your child will *review and discuss the rules and regulations* of the Foxborough High School Parent/Student Handbook as well as the Code of Conduct.

## Returning Registration – 2020-2021

For the second year, we are excited to continue to offer our online “Returning Registration” process, (formerly known as the “Profile Sheets”).

This replaces the paper forms that we have previously sent home at the beginning of the school year.

A letter will be arriving home shortly to all parents/guardians with the instructions and a “Snap Code” for you to complete all the information electronically on-line.

The instructions will allow you to create an account, update any changes and even allows the same account for multiple children in the Foxborough School System.

It is very important that the information is accurate and up-to-date. Contact phone numbers and email addresses will be the means of communication between parent / guardians.

From this data, we are able to send out timely school information that may not be available on the most recent version of the Foxworthy. In the event of an emergency, we are able to send out mass emails / voicemails pertaining to the school. We appreciate your cooperation with updating these forms in a timely manner.



## *"The Foxworthy"*



All Foxworthy's are sent electronically to the email that you provide. You don't want to miss out on school updates and exciting events that are happening at the high school.

### *New Faces at Foxborough High School*



The following teachers / staff has been hired for the upcoming 2020-2021 school year.

#### ***English Department***

Ms. Katherine Keller has joined the Science Department.

#### ***Athletics***

Ms. Julie Foley Has joined Athletics as the AD's secretary.

#### ***Custodial Staff***

Welcomes Mike Albuit back as an evening custodian.

## CLASS OF 2024 ORIENTATION



We are very excited to announce that our school is participating in the nationwide "Link Crew Program", an organization whose sole purpose is to help freshmen feel more comfortable as well as help them achieve success in their first year of high school. Letters were sent home to all freshmen and transfer families new to FHS explaining the orientation and transition program.



The following is what your student will expect!

1. Orientation is on Thursday, September 10<sup>th</sup> from 9:00 a.m. - 1:30 p.m.
2. No backpacks, purses or other items, as the day is quite active.
3. Have your student please bring a water bottle.
4. This is a student only function.
5. Students **MUST** wear a mask.

WANT TO KEEP OREGON OPEN?

# REMEMBER THE 3 W'S



Wash your hands



Wear your face covering



Watch your distance

## News from the Athletic Director Mr. Joseph Cusack



### FALL SPORTS NIGHT TBA



On August 18, in a joint statement by the Massachusetts Interscholastic Athletic Association (MIAA) and the Department of Elementary and Secondary Education (DESE), high schools were given the go-ahead for a fall sports season starting on September 18<sup>th</sup>. Several modifications have been put into place to meet health and safety guidelines. (See the MIAA website for the full report.)

For updated information regarding FHS fall sports, see the website and/or contact our Athletic Director, Mr. Cusack at [cusackj@foxborough.k12.ma.us](mailto:cusackj@foxborough.k12.ma.us).



Updated physicals (**within the last 13 months**) need to be turned into the school nurse and all medical history forms need to be turned into the Athletic Director, Mr. Joe Cusack, the school nurse Ms. Angela Murphy or the athletic trainer prior to the start of practice. **No exceptions!**



### THE PREVENTION AND MANAGEMENT OF HEAD INJURIES AND CONCUSSIONS IN EXTRACURRICULAR ATHLETIC ACTIVITIES

Policy Adopted 1-30-12

A concussion is a head injury to the brain and concussions are serious. A concussion may be defined as the immediate and transient impairment of neurological function. It may be a consequence of an athlete's head striking an object (such as a floor or another head), an object striking the head (such as a ball, bat, stick, or another head), or as a result of a sudden change in the direction of the head and neck (such as in a whiplash type of injury). Concussions generally cause specific signs that can be observed by others and symptoms that are reported by the athlete. Recognition and proper management of concussions can prevent further injury and even death. Recognition and appropriate management of concussions requires coordinated effort of a number of people as outlined in M.G.L.c.111, section 222 and 105 CMR 201.00.

### News from the Science Department

Ms. Alyssa Mocharnuk, Department Head



### Attention All Science Students

Students will use electronic lab notebooks in their science classes.

Unlike previous years, there will be no need to purchase graph paper composition notebooks.



## News from the Math Department



### Calculators in the Math Classroom

At the high school, we utilize a **Texas Instrument graphing calculator** (TI-84 series) in all of the math courses. It is a mandatory tool starting in the 9<sup>th</sup> grade. Students use it to explore functions, formulate conjectures, and analyze data. Its use goes well beyond basic computation. Since the calculator is used on the MCAS and SAT tests, it is imperative that students become comfortable with all of its functions. If your student does not already have one, over the summer is the ideal time to purchase one. The best sales are in August, right before the start of school. It is an investment that it will be used for all 4 years. You don't need a version with color display but it does need to be a **TI-84** (Texas Instruments). This is the one that teachers will demonstrate on and use in the classroom.

.Ms. Susan Carle  
Mathematics Department Head  
carles@foxborough.k12.ma.us

## Attention Parents / Guardians



**NO** automobiles are allowed directly in front of the main entrance for morning drop-offs or afternoon pickups while school buses are on the premises.

Thank You!

Foxborough High School Administration  
Foxborough Police Department

# ANTI-HAZING LAW

As part of the Commonwealth's effort to support safe school environments for students, on the first day of school FHS classroom teachers will read the Anti-Hazing Law (Section 17 and 18) of the Massachusetts General Laws to all of their students.

The law, in its entirety, is available on the Mass. Department of Elementary and Secondary Education website at: [www.doe.mass.edu/pqa/sa\\_nr/anti-hazing](http://www.doe.mass.edu/pqa/sa_nr/anti-hazing) as well as in the FHS Student/ Parent Handbook. Students will also receive a version of the law in their school email.

Please take a moment with your child to review this law.

Thank you.



## TOP TEN FASTEST GROWING CAREERS

1. Solar panel installer
2. Wind turbine service technician
3. Home health assistant
4. Personal care assistant
5. Occupational therapy assistant
6. Information security analyst
7. Physician assistant
8. Statistician
9. Nurse practitioner
10. Speech pathologists

## STARTING SCHOOL MONDAY SEPTEMBER 14<sup>th</sup> WHAT TO EXPECT

### MORNING ARRIVAL

Students who arrive at school prior to 7:25 AM will report to the following locations and sit at an open desk:

|           |              |
|-----------|--------------|
| Grade 9:  | Gymnasium    |
| Grade 10: | Auditorium   |
| Grade 11: | Media Center |
| Grade 12: | Cafeteria    |

Breakfast will be available for purchase before school. Kiosks, with breakfast items, will be located in the gym lobby, the Main Office lobby, and the cafeteria.

### AFTERNOON DISMISSAL

- 1:58 PM: Dismissal of students who drive and their passengers.
- 2:00 PM: Dismissal of students who ride the bus, are picked up, or walk.

### LUNCHES

Students will be able to select from three lunch locations:

- Cafeteria: For students buying a full lunch
- Media Center: For students bringing their lunch
- Room 122: For students bringing their lunch

A kiosk will be in the hall area between to Media Center and Room 122 with items to purchase (ex: water, milk, packaged fruit, chips, granola bars) to add to their homemade lunch.

- Four lunch periods are scheduled.
- Students will be given the lunch schedule for each of their classes on their cohort day.
- Students will be seated at desks spaced 6 ft. apart.

- Students buying lunch will keep their masks on until seated.
- Masks may be removed while eating lunch.

### LOGISTICS

- Masks, covering the nose and mouth, are to be worn in the building at all times except when taking a mask break and during lunches.
- Lockers and locker rooms will not be used this semester. Students should carry an appropriate backpack or bag to use for their belongings.
- Students will be able to carry water bottles and drink water throughout the day.
- On the first day of school, students will report to their Advisory teacher/room after the 7:25 AM bell.

FOXBOROUGH HIGH SCHOOL SCHEDULE ROTATION - 20-21

| Time                          | Day 1    | Day 2    | Day 3    | Day 4    | Day 5    | Day 6    |
|-------------------------------|----------|----------|----------|----------|----------|----------|
| 7:33-8:21<br>(48 Minutes)     | Period 1 | Period 1 | Period 1 | Period 1 | Period 1 | Period 1 |
| 8:25-9:05<br>(40 Minutes)     | Period 2 | Period 3 | Period 4 | Period 5 | Period 6 | Period 7 |
| 9:09-9:49<br>(40 Minutes)     | Period 3 | Period 4 | Period 5 | Period 6 | Period 7 | Period 2 |
| 9:53-10:33<br>(40 Minutes)    | Period 4 | Period 5 | Period 6 | Period 7 | Period 2 | Period 3 |
| 10:37-11:17<br>(40 Minutes)   | Period 5 | Period 6 | Period 7 | Period 2 | Period 3 | Period 4 |
| 11:20-1:17<br>(90-93 Minutes) | Period 6 | Period 7 | Period 2 | Period 3 | Period 4 | Period 5 |
| 1:20-2:00<br>(40 Minutes)     | Period 7 | Period 2 | Period 3 | Period 4 | Period 5 | Period 6 |

|            |             |
|------------|-------------|
| A Lunch    | 11:17-11:41 |
| Class (93) | 11:44-1:17  |
|            |             |
|            |             |
| B Lunch    | 11:49-12:13 |
| Class (90) | 11:20-11:49 |
|            | 12:16-1:17  |

|            |             |                        |
|------------|-------------|------------------------|
| C Lunch    | 12:21-12:45 | Block 6: Lunch         |
| Class (90) | 11:20-12:21 | 24 Minutes of lunch    |
|            | 12:48-1:17  | 90-93 Minutes of class |
|            |             |                        |
| D Lunch    | 12:53-1:17  |                        |
| Class (93) | 11:20-12:53 |                        |

**Please join us for our virtual  
Town Meeting  
Tuesday, September 8  
6:00PM – 7:15PM**

**Enjoy your last week of vacation!  
See you on the 14<sup>th</sup>/15<sup>th</sup>!!!**